

Alex Stroming (she/her)

Empathy. Courage. Curiosity.

alexstroming.com

London, England * +44 7563 765894 * alexstroming@gmail.com



Directing Experience

Directing

<i>Scenes with girls</i>	Director	Golden Goose Theatre	2025
<i>Julia Caesar</i>	Director	East 15 Acting School	2025
<i>Scenes with girls</i>	Director	East 15 Acting School	2024
<i>Out There</i>	Director/Playwright/Composer	Andy's Summer Playhouse	2022
<i>Into the Woods</i>	Director/Vocal Director	Ohme Gardens	2021
<i>Poetry and Prose: A New Musical</i>	Director/Playwright/Composer	Whitworth Theatre	2019
<i>A Life of Rest</i>	Devisor	Stage II	2019
<i>The Girl Who Slays Giants</i>	Director	The Unfinished Space	2019
<i>Everything Goes: Cabaret</i>	Director	Stage II	2019
<i>Out Loud</i>	Devisor	C² Productions	2018
<i>Charleston!</i>	Director	Numerica PAC	2018

Assistant Directing

<i>Merchant of Venice 1936</i>	Assist. Director (on placement)	Trafalgar Theatre (West End)	2024-25
<i>The Woman Who Turned Into A Tree</i>	Assist. Director	Collide/Omnibus Theatre	2023
<i>The Path Less Chosen</i>	Assist. Director	Andy's Summer Playhouse	2022
<i>Ordinary Days</i>	Assoc. Director/Intimacy Director	Cassidy Theatre	2021
<i>Dance Nation</i>	Assist. Director/Dramaturg	Dobama Theatre	2020
<i>Almost, Maine</i>	Assist. Director	Whitworth Theatre	2019

Intimacy Directing

<i>Three Wise Monkeys</i>	Intimacy Director	East 15 Acting School	2024
<i>Ding Dong</i>	Intimacy Director	The Actor's Studio	2024
<i>The Bough Breaks</i>	Intimacy Consultant	East 11 Acting School	2024
<i>Triggered</i>	Intimacy Coordinator	Independent Film	2023
<i>Indecent</i>	Intimacy Director	East 15 Acting School	2023
<i>Dry Land</i>	Intimacy Director	The Other Palace Downstairs	2023

Teaching & Arts Leadership

<u>Position</u>	<u>Institution</u>	<u>Location</u>	<u>Dates</u>
Acting Tutor/Director	<i>East 15 Acting School</i> <i>(University of Essex)</i>	Southend, England	2025
Teaching Artist	<i>Stadium Theatre School</i>	Loughton, England	2022-present
Teaching Artist	<i>Encore Stage & Studio</i>	Arlington, VA	2022
Theatre Faculty	<i>Fairmount Center for the Arts</i>	Novelty, OH/Virtual	2020-2021
Teacher/Director	<i>Stage Kids WA</i>	Wenatchee, WA	2014-2021
Voice/Acting Coach	<i>Private Studio</i>	Various Cities/Virtual	2015-present
Artistic Directing Intern	<i>Dobama Theatre</i>	Cleveland Heights, OH	2019-2020
Artistic & Casting Intern	<i>Collaboraction</i>	Chicago, IL	2019
Co-Artistic Director/Teacher	<i>Jubilation Dance Ministry</i>	Spokane, WA	2017-2019
Teacher/Director	<i>Alegria Program</i>	Ahuachapán, El Salvador	2018
Founder/Director	<i>SEPC Drama</i>	Wenatchee, WA	2017-2018

Education & Awards

MFA Theatre Directing, with distinction- East 15 Acting School, University of Essex
October 2022- October 2024

BA Theatre, Summa Cum Laude- Whitworth University, Spokane WA
September 2015-May 2019

Concentrations: Directing, Acting, Devising, Musical Theatre.

Voice Training: Classical Singing, Rodenberg.

Dance Training: Musical Theatre, Jazz, Tap, Ballet, Contemporary, Improv.

Limelight Award - 2019 Recipient

Select Workshops & Training

<i>Intimacy Professional Accelerator Program</i>	Intimacy Directors and Coordinators (IDC)	April 2024-Present
<i>Showing Up for Racial Justice</i>	Check Your Privilege	Sept. 2024- Present
<i>Making the Invisible Visible</i>	Sarah Ruhl & Paula Vogel	January 2022
<i>Songwriting for Musical Theatre</i>	Benj Pasek & Justin Paul	January 2022
<i>Trauma-Informed Practices</i>	Theatrical Intimacy Education (TIE)	June 2021
<i>Mental Health First Aid (Certified Course)</i>	Unique Union	February 2021
<i>Foundations in Race, Intimacy, and Consent</i>	TIE	December 2020
<i>Applied Intimacy for Theatre</i>	Cleveland Playhouse	March 2020

Select Performance Experience

<i>Poetry and Prose: A New Musical</i>	Emily Dickinson	Whitworth Theatre	2019
<i>The Spitfire Grill</i>	Percy Talbott	Whitworth Theatre	2018
<i>Argonautika</i>	Aphrodite/Atalanta	Whitworth Theatre	2018
<i>Go, Dog, Go!</i>	Hattie	Bing Crosby Theatre	2017
<i>The Music Man</i>	Ethel Toffelmier	Whitworth Theatre	2016
<i>The Sound of Music</i>	Liesl	Leavenworth Summer Theatre	2016
<i>Beauty and the Beast</i>	Silly Girl/Dance Captain	Leavenworth Summer Theatre	2016

Select Production Experience

<u>Vocal Directing</u>			
<i>Mulan Jr.</i>	Vocal Director	Stage Teens WA	2018
<i>The Last 5 Years</i>	Vocal Director	Stage II	2018
<i>Fame!</i>	Vocal Director	Riverside Playhouse	2017
<i>Don't Say No to the USO</i>	Vocal Director/Costumer	Numerica PAC	2017
<u>Technical</u>			
<i>Skeleton Crew</i>	Publicity/Box Office	Dobama Theatre	2020
<i>Stupid Fucking Bird</i>	ASM/Publicity/Box Office	Dobama Theatre	2019
<i>Wakey Wakey</i>	ASM/Publicity/Box Office	Dobama Theatre	2019
<i>The Light Youth Festival</i>	Acting Coach/ASM	Collaboration Theatre Company	2019
<i>Jubilation Spring Showcase</i>	Lighting Design	Cowles Auditorium	2019
<i>The Elephant Man</i>	Scenic Crew	Whitworth Theatre	2017

Skills

Mental Health First Aid Certified * Advanced Spanish *
 Writing/Editing * Team-Building * Google Drive *
 Outlook * Audacity * Sibelius * Piano (intermediate)
 * Ukulele (intermediate) * Jigsaw Puzzles * Baking the
 Best Vegan Brownies

Advocacy & Research Interests

Consent-Based Practices * Trauma Informed Practices
 * Anti Racist Practices * Egalitarian Practices *
 Viewpoints * Queer Theatre * Feminist Theatre *
 Constructivist Teaching * Shakespeare Original
 Performance Practices * Site Specific/Immersive Theatre



References available upon request.

Click [here](#) to see my website, scan the QR code, or visit alexstroming.com.